

Charlie Company, 2-11th IN

Standard Battle Rhythm (Full Duty Day)

Updated: 2/2/2017

0600	First Call ***morning duty team ONLY
0630-0800	Physical Training
0830	Work Call , Committee & Ops Cadre Check-In (COF – Ops Desk) Out of Cycle Cohorts do not start 0830 Check-In until Pre-Fill Week
0830-0930	Hygiene, Breakfast
0915-0935	Committee Weekly “Stand Up” (First Duty Day of the Week)
0930	Duty Stations 100% Manned
1000	Company Training Meeting (Last Duty Day of the Week)
0930-1130	Morning Duties, Morning Training
1130-1330	Lunch Window (1 hour authorized in the 2 hour window) ***Ops must rotate to ensure continuous coverage through lunch
1330-1700	Afternoon Duties, Afternoon Training
1530-1700	Admin Weeks & Low Ops Weeks Only → Release to PT
1530	Key Leaders’ Daily Closeout **See note (Middle of the Week, 2 nd to Last Duty Day of the Week)
1530-1700	Leaders’ Admin Time
1700	Standard Duty Day Release

*In the absence of a field, range, or academic training event, afternoon training will always consist of small unit (not individual) PT. Cadre may choose to either continue to perform office duties, or go with a partner/group to conduct PT. On these days, the release call will be VOCO at the COF in the duty uniform at 1530, PT can be executed in civilian PFU and release is done from the PT site. Those Soldiers/Students identified for remedial PT will fall-in with the remedial PT NCOIC. This time is also used for Leaders to catch up on office work, counseling, etc. (AKA – “quiet time”).

***“Key Leaders’ Closeout” is a battle rhythm event that occurs twice weekly. An informal daily closeout between subordinate leaders and the Command Team is a professional courtesy, common practice, and highly encouraged.

Charlie Company, 2-11th IN

Standard Battle Rhythm (Half Duty Day)

Updated: 2/2/2017

0600	First Call ***morning duty team ONLY
0630-0800	Physical Training
0830	Work Call , Committee & Ops Cadre Check-In (COF – Ops Desk) Out of Cycle Cohorts do not start 0830 Check-In until Pre-Fill Week
0830-0930	Hygiene, Breakfast
0915-0935	Committee Weekly “Stand Up” (First Duty Day of the Week)
0930	Duty Stations 100% Manned
1000	Company Training Meeting (Last Duty Day of the Week)
0930-1130	Morning Duties, Morning Training
1130-1200	Key Leaders’ Daily Closeout **See note (Middle of the Week, 2 nd to Last Duty Day of the Week)
NLT 1230	Half Duty Day Release

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